

Lakefield College School Co-Curricular Program Offerings 2025/26

"To challenge and enable students to reach their individual potential in mind, body and spirit."

Students are required to participate in:

- at least one creative  and one kinetic  program per school year;
- a Fall, Winter, and Spring Term program and at least one Full Year program

Fall Term Programs

 PERFORMANCE BASED

- | | | | |
|--|--|---|--|
| ☐ 1 st Girls' Basketball  | ☐ 2 nd Boys' Soccer  | ☐ Windsurfing  | ☐ Yoga  |
| ☐ Jr. Girls' Basketball  | ☐ Jr. Boys' Soccer  | ☐ Learn to Row  | ☐ Musical Theatre (Cast & Crew)  |
| ☐ 1 st Boys' Volleyball  | ☐ Girls Flag Football  | ☐ Recreational Tennis  | ☐ Culinary Arts  |
| ☐ Jr. Boys' Volleyball  | ☐ Boys Flag Football  | ☐ Recreational Golf  | ☐ Campus Art  |
| ☐ 1 st Girls' Field Hockey  | ☐ 1 st Cross Country Running  | ☐ Climbing  | |
| ☐ Jr. Girls' Field Hockey  | ☐ Team Sailing  | ☐ Riding  | |
| ☐ 1 st Boys' Soccer  | ☐ Learn to Sail  | ☐ Female Weight Training  | |
| | | ☐ Weight Training  | |

Winter Term Programs

 PERFORMANCE BASED

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|--|---|---|---|
| ☐ 1 st Boys' Basketball  | ☐ Jr. Boys' Hockey  | ☐ SLASH - Rec Hockey  | ☐ Female Weight Training  |
| ☐ 2 nd Boys' Basketball  | ☐ 1 st Girls' Hockey  | ☐ Nordic Skiing  | ☐ Robotics  |
| ☐ Jr. Boys' Basketball  | ☐ 1 st Alpine Racing  | ☐ Climbing  | ☐ Drawing & Painting  |
| ☐ 1 st Girls' Volleyball  | ☐ 1 st Snowboard Racing  | ☐ Martial Arts  | ☐ Learn to Play Guitar  |
| ☐ 2 nd Girls' Volleyball  | ☐ 1 st Swimming  | ☐ Yoga  | ☐ Filmmaking  |
| ☐ Jr. Girls' Volleyball  | ☐ 1 st Nordic Racing  | ☐ Life Fitness  | ☐ Culinary Arts  |
| ☐ 1 st Boys' Hockey  | ☐ Dance  | ☐ Weight Training  | |

Spring Term Programs

 PERFORMANCE BASED

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|--|--|---|--|
| ☐ 1 st Girls' Soccer  | ☐ Jr Ultimate  | ☐ Windsurfing  | ☐ Weight Training  |
| ☐ Jr. Girls' Soccer  | ☐ 1 st Tennis  | ☐ Spring Sailing  | ☐ Spring Play (Cast & Crew)  |
| ☐ 1 st Boys' Rugby  | ☐ 1 st Badminton  | ☐ Climbing  | ☐ Culinary Arts  |
| ☐ Jr. Boys' Rugby  | ☐ 1 st Golf  | ☐ Riding  | ☐ Ceramics  |
| ☐ 1 st Girls' Rugby  | ☐ 1 st Track & Field  | ☐ Pilates  | |
| ☐ 1 st Ultimate  | ☐ 1 st Rowing  | ☐ Yoga  | |
| ☐ 2 nd Ultimate  | ☐ Recreational Badminton  | ☐ Life Fitness  | |

Full Year Programs

 STUDENT-LED

- | | | |
|---|--|--|
| ☐ AI Innovation Club  | ☐ Grove Commerce Society  | ☐ Rock Choir  |
| ☐ Entrepreneurship Club  | ☐ Jazz Band  | ☐ 3D Printing Club  |
| ☐ Coding Club  | ☐ LCS Environmental Action Force (LEAF)  | ☐ Safe Space  |
| ☐ Concert Band  | ☐ Lorelei Consort Choir  | ☐ String Ensemble  |
| ☐ Debating & Public Speaking  | ☐ Makerspace  | ☐ TALK  |
| ☐ Diversity, Equity, and Inclusion  | ☐ Mathematics Club  | ☐ Wellness Club  |
| ☐ Dungeons & Dragons  | ☐ Model UN  | ☐ Law Club  |
| ☐ Fitness Club  | ☐ Table Tennis Club  | ☐ Creative Threads Club  |
| ☐ Female Fitness Club  | ☐ Open Studio  | ☐ Aviation Club  |
| ☐ Hockey Club  | ☐ Photography Club  | ☐ Studio Grove  |
| ☐ International Club  | ☐ Medical Science Club  | |